

Jana Unnayan Samiti Tripura (JUST) is a social development wing of Agartala Diocese.

15 Years of service in Tripura

For the month of October to December 2012

Volume 5: Issue 19

## Director's message.....



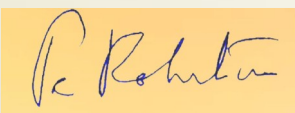
*First of all let me wish each and every one of you the best complements of the season. May the New Year bring you more surprises and happiness in your lives. The last quarter of 2012 has just passed by so quickly before we could really realize that we have become one more year closer to God. During November and December I had to take additional responsibility of the St. Joseph Parish since there was a gap to fill as the Parish Priest was on transfer. Working with people whom I knew for the past eight years was a joy. We had a wonderful Christmas celebration in the parish where in most of the faithful whole heartedly contributed themselves in joining in Carol singing and praying with the families and in parish fellowship meal on Christmas.*

*Mean while I had an opportunity to attend a National Level Workshop organized by North Eastern Council, Government of India to discuss on the impact of DONER ministry and how this ministry could take onboard the civil society organization in implementing development programs/projects in the region. There were selected 30 NGO heads from North east and I had a good opportunity to know them and contribute my opinion from the perspective of Tripura.*

*On 18<sup>th</sup> of December, We organized as a JUST family, Pre Christmas celebration with all our staff, fathers and sisters around. Half a day was spent with the staff in training on documentation and the rest of the day with games and competition. Evening we had a good cultural show that concluded with a sumptuous meal. The presence of Bishop Lumen did add to the joy as we received his blessings for the coming year and appreciation for what we achieved as a team.*

### Inside this issue:

Activities Report Project wise...  
Networking Programs...  
Success Story



Fr. Robert Mathias CSC

Director, JUST

## Conflict Resolution training for SHGs



On 4<sup>th</sup> Oct, 2012 a training on conflict resolution was conducted at JUST hall. Altogether 30 SHG leaders of 8 districts participated in the program. The main agenda of the training was the concept of conflict resolution, kinds of conflict, sources of conflict, ways of resolving, management of conflict and SHGs as a mediator in resolving conflicts were the points discussed during the training program. The facilitators were Mr. Vincent Debbarma Idea Coordinator, Mr. Biswajit Debbarma, peace Coordinator and Mr. Debasis Debbarma IHDP Coordinator. The program concluded successfully with common lunch and feedbacks from the participants.

**Mr. Biswajit Debbarma**

## Water Testing



On 18<sup>th</sup> October, 2012 the trained Community

Mobilizer went from house to house at Naisingpara Block- C and had done water testing. All of the tests conducted were found negative. They also gave awareness to the people and told them to use low cost water filter or boiling water for drinking purposes.

**Mr. Lilmohan Reang**

## Training on Human rights and protection of Women



Training on Human Rights and Protection issue of Women was conducted on 26<sup>th</sup> & 27<sup>th</sup> October, 2012. at JUST field office, Naisingpara. Mr Lalrinpuia Molshoi, Former Human rights Activist from Dasda Kawnpui was the resource person. There were 20 women who have participated at the training organized on 26<sup>th</sup> & 27<sup>th</sup> October, 2012. at JUST field office, Naisingpara. The Recourse person stated that every citizen of the country has the right to protect one's own safety, security and prestige. Main topics of the teaching were women and child trafficking, domestic violence, forceful marriage and divorce, etc. The training was very successful.

**Mr. Lilmohan Reang**

participants attended in the training. Dr. Nani Gopal Reang, MBBS Kanchanpur Hospital was the resource person. The doctor started his session with a question "what is good health?" He explained that good health is a state of complete physical mental and social well being, not merely absence of diseases or infirmity.

The causes, symptoms, treatment and preventive measures of abdominal pain, skin diseases, water born diseases were discussed in detail as well as dental hygiene, personal hygiene and importance of healthy food habits were highlighted. He also spoke about substance abuse and its consequences.

At the end of the training the participants expressed their satisfaction and gratitude for the opportunity provided to them to learn something new and very important for healthy living.

**Mr. Lilmohan Reang**

## Capacity Building Program



Parish level women empowerment program was organized by JUST in the month of October 2012 in three parishes namely St. Alphonsa Catholic Church Kumlung, Catholic Church Tuikarmow, and Catholic Church Sabroom. The theme of the program was gender in the family. The main Resource person was Sr. Susheela Xess, Gender coordinator. The resource person highlighted to the participants on Mainstreaming Description of Gender, Gendering and gender sensitivity, Gender Equality,

## Training on Health and hygiene



On 19<sup>th</sup> October, 2012 Training on Health & Hygiene was organized by JUST in collaboration with IGSSS at JUST Field Office, Naisingpara. All together 30

Gender Equity, Gender Analysis, Practical Gender Needs, Gender and Development, Equal Education etc. The program was an eye opener for the participants. There were 150 participants who benefited from the seminar.

**Sr. Susheela Xess**

## Health camp



On 26<sup>th</sup> Oct, 2012 a health camp was organized by JUST at Waikati para under Teliamura sub division. Dr. Monilal Debbarma MBBS and Mr. Milan Debbarma were the important persons for the medical camp. There were 67 patients who were enrolled and were given free medicines after check up. Fever, stomach pain, malnutrition, gastric, giddiness, swelling, eyes problem skin diseases and headache, were the common diseases examined during the medical camp.

**Debasis Debbarma**

## Training on SHG Management



On 22<sup>nd</sup> Oct, 2012 training was held for the IHDP animators on SHG management at JUST training hall. Altogether 8 animators took part in the training. Mr. Goyamukta Kaipeng was the resource person for the program. In the training the animators

were taught about the importance of savings, account keeping documentation and also IGA.

**Debasis Debbarma**

## Awareness program on Health and Hygiene



The IDEA animators Sr. Rose and Ms Lalita conducted awareness program on Health & Hygiene on 10-10-2012 at Kulai Gondecherra. There were 19 participants the animators explained them about the diseases caused due to lack of carbohydrate, protein, fats and vitamin. Sr. Rose also explained about balancing their diet to maintain good health. Sr. Rose took the help of posters and live examples of people suffering from night blindness and anemia. The program ended with light refreshment for all participants.

**Mr. Vincent Debbarma**

## Linkage meeting with PRI and community



On 31<sup>st</sup> Oct, 2012 a linkage meeting was held at Saidar par Gram Panchayat under Kumarghat Block, North Tripura. The Panchayat chairman, Panchayat secretary and members participated in the meeting. Altogether 40 participants took part in the meeting. Discussion was held for availing and sensitizing the process

and guidelines to access DRR schemes/development schemes to reduce risk of vulnerable groups. Various other things were also discussed on how to overcome situations during floods. The facilitator also spoke about DRR activities which are an integral part of development schemes for the people residing in flooded areas.

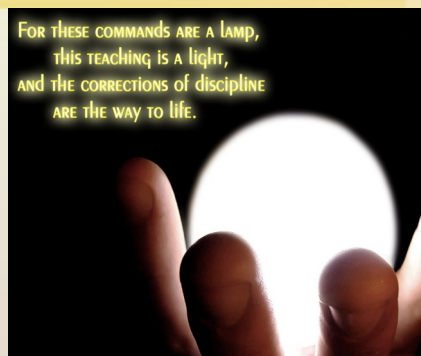
**Mr Prashanta Chawdhury**

## Awareness program on safe drinking water and low cost sanitation



On 14<sup>th</sup> Oct, 2012 Sr. Grace went to Chikoncherra and conducted awareness program on Safe drinking water and low cost sanitation. There were 34 participants taking part in the program. She explained about the diseases that can be caused by drinking unhealthy water and not having sanitation facility. She explained about common diseases like cold, cough and scabies that can be caused due to unhealthy water. She explained to the participants about diseases caused by water by using posters and pictures. She told them to drink boiled or filter water all the time.

**Mr. Vincent Debbarma**



## Success Story



Mr. Lalengkima is a poor youth from Naisingpara Block-F R/c No-264 with no source of income for livelihood. One day he was informed by the Community Mobilizer that Training on Livestock rearing will be organized by JUST at JUST Field Office, Naisingpara on 19<sup>th</sup> July, 2012. Accordingly he attended the training and got encouragement. He also learnt many new skills and methods of pig rearing from the training. He then purchased two piglets with his own investment and started rearing pigs since last three months. Now he spend most of his time looking after the pigs, like collecting and preparing foods for the pigs and cleaning the pig sty.

**-Mr. Lilmohan Reang**

The Children of Hamsapara relief camp were always playing with dust and dirt, marble, keeping nail long, wearing dirty clothes and roaming here and there under the sunshine and rains before. But, the children of Hamsapara relief camp are tremendously improving after JUST intervention and setting up of School, the Teachers used to teach in the school how to keep their body clean, to wash hands before eating any foods, to wash clothes clean, keeping away from playing with dust and dirt. etc. The children wear clean clothes and eat all kinds of food after washing hand. They come to school neat and clean every day and also avoided from affecting various types of diseases.



**Mr. Bruno Msha**



### Upcoming Events Jan – March 2013

- Medical Camps.
- Street play.
- Debate competition.
- Plantation of Kamalilata plant on River bank.
- Exposure For SHG Members.
- Internal conflict analysis and strategy building workshop with Bru. leaders, IARF and like minded NGOs.

### **Jana Unnayan Samiti Tripura (JUST)**

Diocese of Agartala

REGD.NO.3007/97

Airport Road, Durjoynagar, Agartala,

Tripura -799 009

Ph– 0381-2917979

Email: [justagartala@gmail.com](mailto:justagartala@gmail.com)

Web: [www.justagartala.org](http://www.justagartala.org)