

Jana Unnayan Samiti Tripura (JUST) is a social development wing of Agartala Diocese.

15 Years of service in Tripura

For the month of July to September 2012

Volume 5: Issue 18

## Asst. Director's message.....



At the threshold of the winter season we the JUST family come knocking at your door with our news letter of this quarter. The winter season has its own beauties, charms and advantages. It gives us lot of fruits and vegetables. It is good for health. It is suitable for hard work. We do not get tired soon. The winter season improves our health. Our digestion improves during this season. We look energetic and smart in this season. It is delightful to sit round the fire in the evening and chat with the friends. Yet the winter season is very painful for the poor. The poor people do not have warm clothes. They shiver with cold at night. They find difficult to

sleep at night.

As you enjoy the winter's beauty and charm this new letter comes to share with you the efforts that are taken by JUST during this quarter to bring down the pain of the poor and improve the quality of life of many through different programs and activities. As you read through this news letter some of you may realize that you have generously supported us to achieve what we have done thanks a lot for the same. Some of you may feel like joining us to reduce the pain and improve the quality of life of many and you are most welcome.

As I pen these few lines as the Benjamin of this organization not in age but in seniority I feel privileged to be part of this great organization which has been involved in changing the lives of many people in the land of bamboos under the able and efficient leadership of Fr. Robert Mathias, CSC, the Director.

Everything in the world is 'BECOMING'. In the process of becoming we begin to forget our past, thus we end up by hurting others. In this context I would like to share with you a mother's love letter which I came across some time ago.

*"My dear girl, the day you see I'm getting old, I ask you to please be patient, but most of all, try to understand what I'm going through. If when we talk, I repeat the same thing a thousand times, don't interrupt to say: "You said the same thing a minute ago." Just listen, please. Try to remember the times when you were little and I would read the same story night after night until you would fall asleep. When I don't want to take a bath, don't be mad and don't embarrass me. Remember when I had to run after you making excuses and trying to get you to take a shower when you were just a girl? When you see how ignorant I am when it comes to new technology, give me the time to learn and don't look at me that way. Remember, honey, I patiently taught you how to do many things like eating appropriately, getting dressed, combing your hair, and dealing with life's issues every day. The day you see I'm getting old, I ask you to please be patient, but most of all, try to understand what I'm going through. If I occasionally lose track of what we're talking about, give me the time to remember, and if I can't, don't be nervous, impatient, or arrogant. Just know in your heart that the most important thing for me is to be with you. And when my old, tired legs don't let me move as quickly as before, give me your hand the same way that I offered mine to you when you first walked. When those days come, don't feel sad—just be with me, and understand me while I get to the end of my life with love. I'll cherish and thank you for the gift of time and joy we shared. With a big smile and the huge love I've always had for you, I just want to say, I love you, my darling daughter."*

### Inside this issue:

Activities Report Project wise...

Networking Programs...

Success Story



Fr. Jeevan Kennady, SVD

Asst. Director, JUST

## Driving License Distribution



Driving License distribution programme for seven boys from relief camps those who had successfully trained out from Agartala under KFB Project was held on 25.07.2012 organizing a small function at JUST field office. Mr Bruno Msha and Mr Lilmohon Reang Project Coordinators of KFB, Autria and RDe-B Project had distributed Driving License on behalf of Fr Robert Mathias, Director of JUST as he could not come for distribution due to his official pre-occupations.

**-Mr. Bruno Msha**

## Medical camp



A medical Camp was organised by JUST medical team at Hamsapara on 19.09.2012. Dr Motilal Debbarma, MBBS and Mr Milan Debbarma, MPW treated the patients and prescribed medicines. Altogether 115 patients aged between 3weeks to 78yr had received free medicines. Among them 39 are male and 76 are female. The patients who came to the Medical Camp are mostly the patients of fever, stomach pain, malnutrition, diarrhea,

giddiness, skin diseases, headache. Mr. Birmoni Apeto 60yr old person who had become unconscious due to stomach pain was also brought to the medical camp and regained consciousness after getting treatment from our medical team.

**-Mr Bruno Msha**

## Drawing competitions



JUST conducted drawing competitions in ten different schools, in all districts of Tripura, under peace project in the month of September 2012. The objective of the drawing competition was to inculcate the attitudes of peace loving students through peace-oriented arts. Altogether 300 students took part in the competitions.

**-Mr. Biswajit Debbarma**

## Training on Awareness program



Training on Awareness program on different govt. Schemes was organized at Twibru para, on 11th - sept-12 from 11:00 am to 3:30 pm in order to create awareness

on different govt. schemes among the SHG leaders. Altogether 20 participants were present in the training program. The important topics covered during the Training program were, Government schemes for women and children; Schemes for BPL /APL Ration card holders; Water and electricity facilities from the government; MNREGA; Different loans and subsidies from the government and ways to apply for it; govt. schemes for the physically challenged people; and lastly Short sharing and feedback by the participants and the resource person.

**-Mr. Debasis Debbarma**

## Training on Leadership



Training on Leadership was organized at Uruwa kami, Barkathal on 17th - August-2012 from 11:00 am to 3:30 pm in order to develop the leadership skills of the SHG leaders. Altogether 38 participants were present in the training program. The intention of the training was to create and identify leadership qualities among the SHG members. The important topics covered during the Training program were, who is a leader? Qualities of a Good Leader; Development of Leadership qualities; Essential Skills of Leader; Types / kinds of Leadership and lastly Short sharing and feedback by the participants and the resource person.

**-Mr. Debasis Debbarma**



## Training on Conflict Resolution for the Teachers



On 22<sup>nd</sup> September, 2012 a training on the theme Conflict Resolution was conducted at JUST hall for the teachers. Altogether 28 Teachers from both private and government schools participated in the training program. Mr. Anthony Debbarma, Secretary of BPHRO (Borok people Human rights Organization) was the facilitator for the program. The program began with a prayer song followed by welcome speech by the Assistant Director Fr. Jeevan SVD. In his welcome address to the participants, he said that conflicts are the real cause of violence and disharmony. The session was divided into 4 parts. Major learning of

the training were, Concept of conflicts; Kinds of conflicts; Causes of conflicts; Dividers and connectors; How to manage conflicts; Ways of resolving conflicts. Finally, the program was concluded with feedback and evaluation.

**-Mr. Biswajit Debbarma**

## Training on health and hygiene



An awareness program on health and hygiene was organized at JUST field office at Naisingpara on 6<sup>th</sup> July 2012. Dr. Nanigopal Reang of Kanchanpur Sub-Divisional Hospital was the resource person of the program. The program started at 10:30 am with tea and snacks for the participants. 51 participants participated in the program. The participants well participated in the training by actively interacting with the resource person. Various types' health related questions were put before the resource person during the program. The resource person explained about

different kind of waterborne disease in details with its causes and effects. The most time consumed session's topic was on Malaria life cycle. Doctor explained the participants the whole process of Malaria life cycle starting with its laying of eggs and spreading process of malaria.

**-Mr. Daniel Debbarma**

## Best Performing DPO

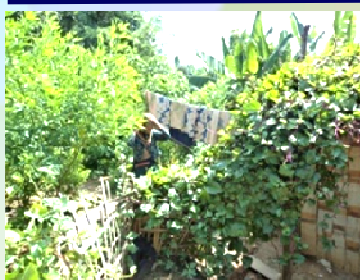


The Refreshers training of District Project Staff and M&E MIS Officers of the Round 9 IMCP-II was held from 17<sup>th</sup> – 20<sup>th</sup> July 2012 at Hotel Nakshatra, Guwahati. Participants from National Vector Borne Disease Control Programme (NVBDCP), Caritas India Consortiums which include CMAI, VHA and Futures International Groups. The refreshers training was mainly on seeing the IMCP-II implementation progress till date and updating the knowledge of the District Project Staff and M&E MIS Officers. The session includes practical training of RDT test, MIS data entry, finance and reporting. After the training the best performing DPO from the Caritas India partners were

recognized with a small trophy. Dr. Anut Debbarma the DPO of JUST is also recognized as one of the best performing DPO. The Trophy was handed over by the Assistant Director of Caritas India Fr. Paul.

**- Dr. Anut Debbarma**

## Success Story



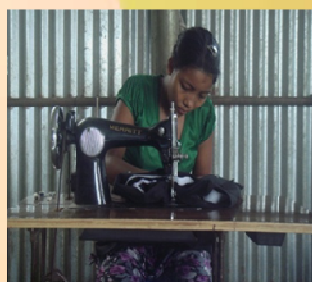
JUST in collaboration with IGSSS organized a one day crops cultivation training on 26<sup>th</sup> July, 2012 at Naisingpara for the Displaced Brus. The participants expressed their gratitude to JUST. Mr. Nironjoy S/o- Rokañjoy of Naisingpara Block-C was one of the participants of the training. He shared after receiving the training he went to Gachirampara Market and bought some vegetable seeds for Rs. 20/- and started growing in the backyard of his house. He took great care of it by giving some cow-dung and then watering them regularly as per the training guidelines. Now he has begun to reap the fruit of it. Now he does not any more need to spend money on purchasing vegetable rather he is able to even sell some of them.

**-Mr. Lilmohan Reang**

Mr. Bela Chorkhy of Naisingpara Block-C after receiving Livestock rearing training on 19<sup>th</sup> July, 2012 organized by JUST bought two piglets with his own investment from Gachirampara Market for Rs. 1600/- each. He then constructed a pigsty in an open area that had good sunlight and no water logging. The shed he built was of sufficient size to accommodate two piglets. The pigs and shed were regularly cleaned to prevent the spread of diseases. Earlier Mr. Chorkhy usually spent much of his time on other work, but now he invests a lot of time in his pig rearing and enjoys taking good care of his pigs. He said that if he were to sell his pigs now he would get anything around Rs. 4000/- each. His plan is to sell them after one year and get Rs.10,000 each.



**- Mr.Lilmohan Reang**



Miss Binarung D/O Mr J. Chasarai of Hazacherra was one of the tailoring trainees who successfully completed 6-months course training organized by JUST at Hazacherra in the year 2009. After completion of the training she took loan Rs.5000/- from Mr Lal-muankima with 20% interest and purchased one Sewing Machine and started stitching. She presently earns Rs. 200/- to Rs 300/- per day. The condition of their family livelihood was very poor and pathetic before. They are 6 members in the family she is the eldest daughter of three sisters and one brother. But, fortunately now, the economic condition of their family has improved. Her parent told to the Coordinator that she is the

only bread winner of the family. They also thanked JUST for providing opportunity to her to learn tailoring under the Project.

**-Mr Bruno Msha**

### **Upcoming Events Oct – Dec 2012**

- Medical Camps.
- Training on Tailoring and Embroidery .
- Drawing competition at schools.
- Children's Day Program .
- Community based awareness program.
- Driving cum motor mechanic training
- Training on leadership skills for peace club members .
- Street plays on peace .
- Cultural exchange program .
- Vermin compost : trainings.
- Animal Husbandry trainings.

### **Jana Unnayan Samiti Tripura (JUST)**

**Diocese of Agartala**

**REGD.NO.3007/97**

**Airport Road, Durjoynagar, Agartala,**

**Tripura -799 009**

**Ph– 0381-2917979,**

**Email: [justagartala@gmail.com](mailto:justagartala@gmail.com),**

**Web: [www.justagartala.org](http://www.justagartala.org)**